



Philippine Traditional Games and Pastimes: A Tool for Teaching Language and Culture

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COTSEAL VIRTUAL CONFERENCE

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IP375 Philippine Games on YouTube

IP 375 Philippine Games Spring 2020

This 15-minute video shows the students' activities in IP 375, which include the opening ceremony of the class Game Tournament, playing traditional Philippine games, and a workshop on Filipino martial arts.

S P R I N G 2 0 2 0

IP 375: PHILIPPINE GAMES AND PASTIME

EARN 3 CREDITS

JAN 13 - MAY 15

Fridays: 2:30 - 5:00pm

***New course offered
in this Spring semester***



*Learn and experience traditional games
and pastime from various places or
regions in the Philippines*



Contact leticiap@hawaii.edu for more info.

*IP375: Philippine Traditional Games and Pastimes

* *IP – Indo-Pacific*

- It focuses on the socio-cultural and linguistic aspects of Philippine traditional games and pastimes.
- It provides opportunities for the students to experience *Larong Pinoy* from various places or regions in the Philippines.



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- IP 375 also provides opportunities for the students to experience playing the traditional Philippine games inside and outside the classroom.
 - Through the study of Philippine games and pastimes, students learn to appreciate their cultural heritage and develop positive values such as camaraderie, sportsmanship, personal and team integrity.
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What is LARONG PINOY?

Larong Pinoy is the games of our heritage (*Laro ng Lahi*). It is a cultural treasure (*yaman ng lahi*) cherished by generations of Filipinos. It is a favorite past-time that is close to the hearts of Filipinos, encompassing generations --- from our grandparents, to our parents, and among the youth & toddlers of today.



-Magna Kultura Foundation

What did the students say about the course?

It brought back the happy memories of my childhood and childhood friends in the Philippines.

I saw the sweetest smiles on my mom's face when I told her about my course on traditional games.

My parents started to reminiscing the days when they played patintero, tumbang-presno and other street games in the Philippines.





Background & My Study

- *Larong Pinoy* or playing Philippine indigenous games has always been an exciting activity in all Filipino courses.
- Teachers use these games as a tool in teaching the language, literature, culture, history, and society.

Benefits of Games in Education



- ❖ Games provide a 23% gain over traditional learning. [2013 research](#) shows that games can increase learning outcomes by two grade levels.
- ❖ [A study on motivation](#) shows that when kids play together, outcomes are improved by 2 standard deviations
- ❖ A [great 2011 study](#) shows that games are powerful motivators, but they function better when the learning is the playful part and not just a side note.
- ❖ A [2012 study](#) demonstrates that games are even effective at training us how to learn and shapes our attention.
- ❖ The [study illustrates](#) that regular game-play improved mental health as well as cognitive and social skills.
- ❖ Various studies show that games are great for language gains.

- Sean Arnold (2017) in “Findings on Games in Education”

- Fall 2017: A Survey on the effects of integrating the traditional Philippine games in the study of Filipino language and culture to the thirty-five students in the Intermediate Filipino.
- The survey consisted of ten questions related to vocabulary building, sentence construction, giving and following instructions, opportunity to speak the language, understanding and appreciation of Filipino culture, and developing positive values.
- Interviews also contributed to the overall data of the study.
- Findings showed a highly favorable response from the students.

A Glimpse on the Methodology:

- The study was conducted for four weeks

Part 1 (Week 1): Discussion facilitated by the instructor

- Larong Pinoy (Philippine Games) & its significance
- Played 2 games: **Sipa / Takyan** (*Kicking the lead washers*), and **Tumbang - Preso** (lit. *knock-out the prisoner*, but in the game, “*preso*” is can)

Part 2 (Weeks 2 & 3): Philippine games facilitated by the students

- Four groups with equal number of students each group
- Assigning roles (Leader, assistant leader, presenter, facilitator, etc.)
- Week 2: Groups 1 & 2 facilitated their game.
- Week 3: Groups 3 & 4 facilitated their game.



RULES IN FACILITATING GROUP GAMES

1. Group should provide cultural background of the game.
2. Instructions in playing the game should be done in Filipino.
3. New words should be explained and written on the board.
4. Filipino should be used during the game.

PART 3 (Week 4): Post-Evaluation/Survey

A. Language Learning

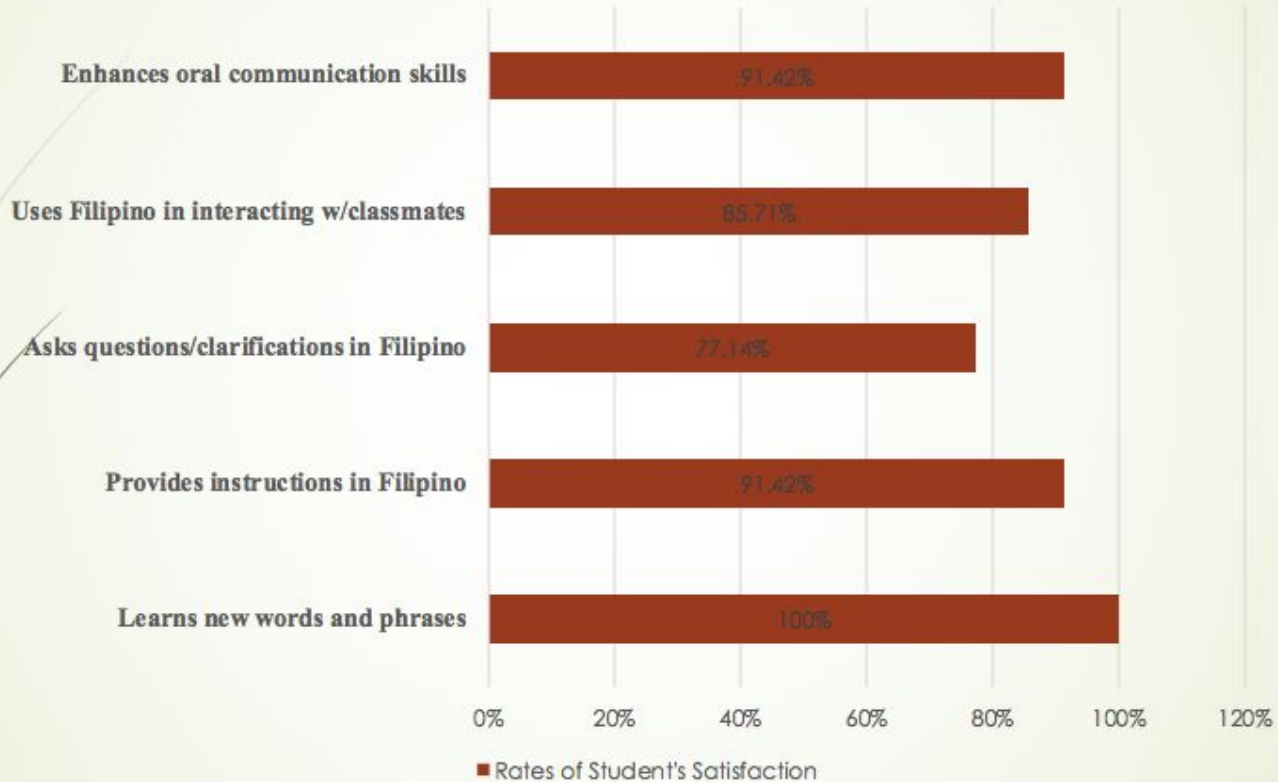
1. Vocabulary building
2. Practice the language in giving instructions
3. Practice while interacting with classmates
4. Practice language while asking questions or clarifications
5. *List down at least 10 new words learned and used (This is not part of the survey questions.)

B. Culture Appreciation

1. Enhance interest in playing traditional games
2. Gain understanding of culture by playing games
3. Appreciate Filipino culture
4. Develop positive Filipino values

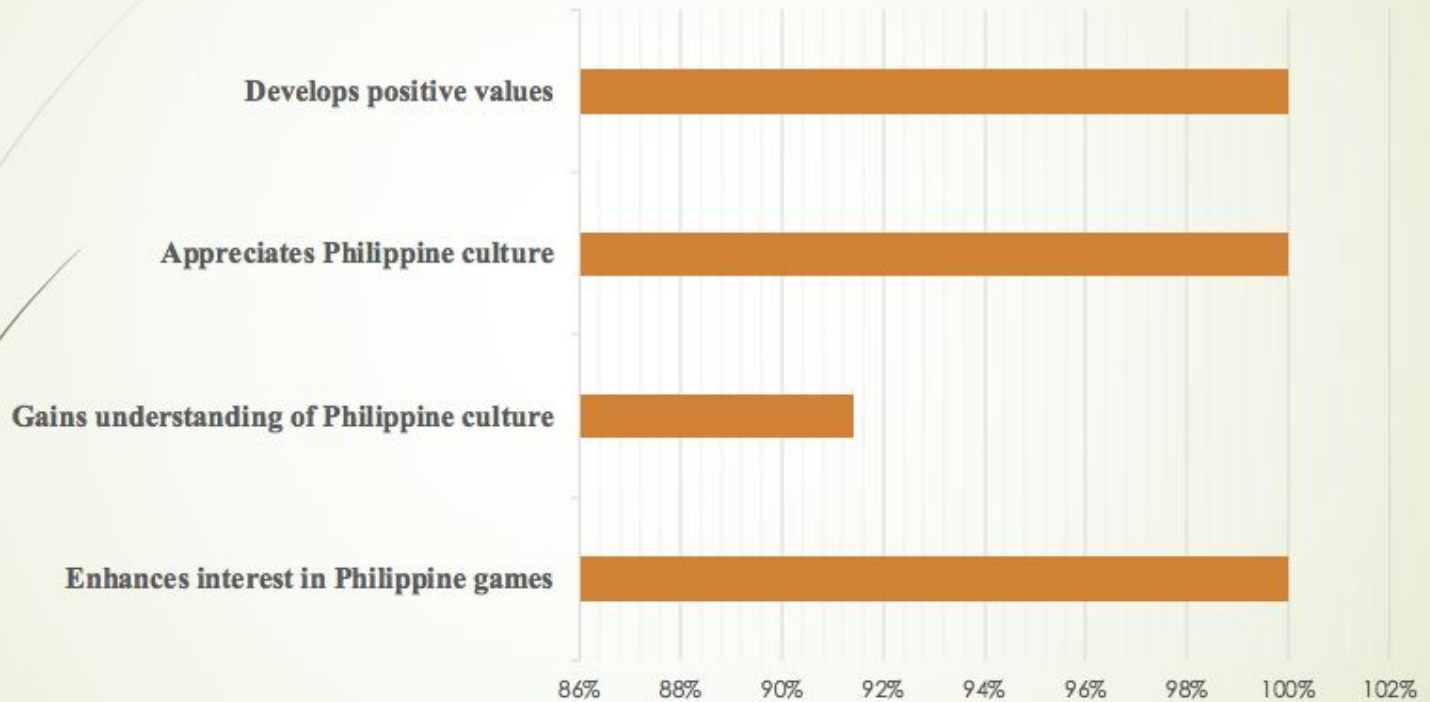
A GLIMPSE on the Results

EFFECTS OF INTEGRATING TRADITIONAL GAMES IN LANGUAGE LEARNING



EFFECTS OF INTEGRATING TRADITIONAL GAMES IN LEARNING CULTURE

■ Rate of Students' Satisfaction



Vocabulary Words:

- Students have listed 65 words they learned and used during the activities.
 - **31 verbs, e.g.**, such as *humarang* (to block the way), *lumukso* (to jump), *itumba* (to knock-down), *bumulong* (to whisper), etc.
 - **18 nouns**, e.g., *kapalaran* (luck), *preso* (prisoner), *pamato* (a pitching object), *pusta* (bet), *swerte* (good luck), etc.
 - **16 adjectives**, e.g., *pikon* (poor sport), *madaya* (cheater), *masayahin* (jolly, cheerful), *pasaway* (stubborn), *agresibo* (aggressive), etc.

Positive Values:

- Patience, cheerfulness, cooperation, camaraderie, sportsmanship, humility, assertiveness, committed, personal and team integrity, good follower, leadership, spirit of oneness, acceptance, etc.



Looking at the Challenges...

- *The UH Filipino & Philippine Literature Program has created many languages, literature, and culture courses for Filipino heritage and non-Filipino heritage students.*
- *Unfortunately, some of these courses have died because they are rarely being offered, or fewer students would like to register in these courses.*
- *But with the very positive feedback of the students who took the IP 375 in the previous semester and the overwhelming enrollments in Fall 2020, this new course in the Department of Indo-Pacific Languages and Literatures of UH*



Imagining IP375 in the Future...

- *Additional classes/sections of IP375*
- *More students will register in IP375*
- *More teachers will teach IP375*
- *More schools, colleges, and universities will offer traditional indigenous games*
- *Bring back traditional indigenous games at home, in school, and community.*

Stay Healthy
Be Happy

